Fall May 10/17/2021 .-

Mayfield Ca	re Center
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Week at a glance

Sunday, 10/17/2021	Monday, 10/18/2021	Tuesday, 10/19/2021	Wednesday, 10/20/2021	Thursday, 10/21/2021	Friday, 10/22/2021	Saturday, 10/23/2021
Breakfast Juice of Choice Hot Cereal or Cold Cereal French Toast Syrup Sausage Patty Choice of Milk	Breakfast Juice of Choice Hot Cereal or Cold Cereal Cheesy Eggs Toast Choice of Milk	Breakfast Juice of Choice Hot Cereal or Cold Cereal Blueberry Coffee Cake Bacon Banana Choice of Milk	Breakfast Juice of Choice Hot Cereal or Cold Cereal Sausage Gravy over Biscuit Choice of Milk	Breakfast Juice of Choice Hot Cereal or Cold Cereal Scrambled Eggs Fresh Homemade Muffin Choice of Milk	Breakfast Juice of Choice Hot Cereal or Cold Cereal Pancakes Syrup Sausage Patty Choice of Milk	Breakfast Juice of Choice Hot Cereal or Cold Cereal Scrambled Eggs with Ham Bits Toast Choice of Milk
Lunch Oven Roasted Turkey Breast Choice of Milk Great Northern Bean Soup Cornbread Chilled Peaches	Lunch Baked Glazed Ham Baked Sweet Potato Half Green Beans Dinner Roll White Cake with Icing Choice of Milk	Lunch Roast Pork Loin Seasoned Green Beans Buttered Mashed Potatoes Brownie Choice of Milk	Lunch Homemade Meatloaf Mashed Potatoes with Gravy Mixed Vegetables Diced Peaches Milk of Choice	Lunch Turkey Reuben Lettuce & Tomato Potato Salad Choice of Milk	Lunch Cheeseburger Deluxe Lettuce & Tomato Breaded Onion Rings Mixed Fruit	Lunch Chicken Taco Rice and Beans Chopped Lettuce & Tomato Choice of Milk Pineapple Chunks
Dinner Choice of Milk Chicago Style Hot Dog on Bun French Fries Coleslaw Assorted Cookie	Dinner Tuna Salad Sandwich Cucumber & Tomato Salad Potato Chips Milk of Choice Vanilla Ice Cream	Dinner Fried Chicken Buttered Corn Garlic Mashed Potatoes Mandarin Oranges Choice of Milk	Dinner Italian Blend Vegetables Dinner Roll Pound Cake Choice of Milk Beef Mostaciolli	Dinner BBQ Pulled Pork Sandwich Mashed Potatoes California Blend Vegetables Choice of Milk Chilled Pears	Dinner Fried Fish Homestyle Macaroni and Cheese Green Beans Homemade Garlic Bread Choice of Milk White Cake w/Topping	Dinner Supreme Pizza Potato Wedges Ice Cream Choice of Milk

WKZ fall MENU

Sunday, 10/24/2021

Mayfield Care Center

Week at a glance

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Juice of Choice

Hot Cereal or Cold Cereal

French Toast

Bacon

Syrup

Choice of Milk

Breakfast

Monday, 10/25/2021

Juice of Choice Hot Cereal or Cold Cereal

Scrambled Eggs

Coffee Cake

Choice of Milk

Tuesday, 10/26/2021

Breakfast

Juice of Choice

Hot Cereal or Cold Cereal

Egg & Cheese Breakfast Omelet Muffin Toast

Choice of Milk

Wednesday, 10/27/2021

Breakfast

Juice of Choice

Hot Cereal or Cold Cereal

Sausage Gravy over **Biscuit**

Scrambled Eggs

Choice of Milk

Thursday, 10/28/2021 Breakfast

Juice of Choice

Hot Cereal or Cold Cereal

Scrambled Eggs

Fresh Homemade Muffin

Choice of Milk

Lunch

Sloppy Joe on a Bun

Mixed Vegetables

Choice of Milk

Cantaloupe

Buttered Mashed Potatoes

Breakfast

Friday, 10/29/2021

Juice of Choice

Hot Cereal or Cold Cereal

Pancakes

Syrup

Bacon

Banana

Choice of Milk

Lunch

Crumb Baked Tilapia

Choice of Milk

Spaghetti

Seasoned Green Beans

Bread

Ice Cream

Saturday, 10/30/2021

Breakfast

Juice of Choice

Hot Cereal or Cold Cereal

Sausage Egg Bake

Cinnamon Toast

Choice of Milk

Lunch

Fruit Salad

Choice of Milk

Beef Taco in Soft Shell

Black Beans

Rice

Lunch

Mashed Potatoes

Green Peas

Dinner Roll

Choice of Milk

Carved Turkey Breast

Apple Sauce

Dinner

Garlic Bread

Fruit Cocktail

Choice of Milk

Beef Mac Casserole

Creamy Cucumber Salad

Lunch

Mandarin Oranges

Choice of Milk

Oven Baked Creamy Tuna Noodle Casserole Garlic Bread

*Steamed Broccoli Spears

Dinner

Ham Salad Sandwich

Choice of Milk

Chicken Noodle Soup

Assorted Cookie

Coleslaw

Lunch

Choice of Milk

"Hearty Beef Stew

Mixed Vegetables

White Rice

Ice Cream

Combread

Dinner

Choice of Milk

Pickle

Assorted Cookie

Kielbasa with Peppers &

Onions

Potato Wedges

Dinner Roll

Choice of Milk

Lunch

Chicken Alfredo

Garden Blend Vegetables

Jello

Dinner

Choice of Milk

Red Velvet Cake

"Smothered and Covered Pork Chop

Red Beans and Rice

Dinner Roll

Dinner Choice of Milk

Chocolate Pudding

Philly Cheese Steak Sandwich

Potato Wedges Lettuce, Tomato & Pickle Dinner

Chocolate Chip Cookie

Choice of Milk

"BBQ Chicken

Au Gratin Potatoes

Capri Blend Vegetables

Cornbread

Dinner

Choice of Milk

Sauteed Onions

Yellow Cake w/Frosting

BBQ Pork Ribette (NO bun)

Mashed Potatoes with Gravv **Buttered Corn**

Mayfield Care Center

Week at a glance

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Sunday, 10/31/2021	Monday, 11/01/2021	Tuesday, 11/02/2021	Wednesday, 11/03/2021	Thursday, 11/04/2021	Friday, 11/05/2021	Saturday, 11/06/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Cold Cereal or Hot Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Coffee/Hot Tea/Hot Cocoa	Coffee/Hot Tea/Hot Cocoa	Coffee/Hot Tea/Hot Cocoa	Hot Cereal or Cold Cereal
French Toast	Scrambled Eggs with Ham	Bacon and Cheese Omelet	Choice of Milk	Choice of Milk	Choice of Milk	Pancakes
Sausage Patty	Bits Toast	Fresh Homemade Muffin	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Sausage Patty
Syrup Packet	Coffee/Hot Tea/Hot Cocoa	Coffee/Hot Tea/Hot Cocoa	Waffles	Scrambled Eggs with Ham	Scrambled Eggs and	Syrup Packet
Choice of Milk	Choice of Milk	Choice of Milk	Strawberry Topping	Toast	Cheese Seasoned Home Fries	Choice of Milk
Coffee/Hot Tea/Hot Cocoa			Syrup Packet		Toast	Coffee/Hot Tea/Hot Cocoa
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Choice of Milk 4	Mandarin Oranges	House Garden Tossed Salad	Homemade Brownie	Baker's Choice Pie	Cake of the Day	Lettuce, Tomato & Pickle
Beverage of Choice	Choice of Milk 4	Garlic Buttered Dinner Roll	Choice of Milk 4	Choice of Milk 4	Choice of Milk 4	French Fries
Turkey Stew	Beverage of Choice	Crushed Pineapple	Beverage of Choice	Cheese Quesadilla	Cheeseburger on Bun	Fruit Cocktail
Yellow Cake	Marinated Pork Roast	Choice of Milk 4	Baked Macaroni and	Black Beans	Potato Wedges	Chicken Philly Cheese
White Rice	Buttered Mashed Potatoes	Beverage of Choice	Cheese with Chicken Seasoned Broccoli Florets	Classic Rice Pilaf	Lettuce, Tomato & Pickle	Steak Sandwich
Mixed Vegetables	California Blend Vegetables	Beef Mostaciolli	Dinner Roll	Chopped Lettuce & Tomato		Mayo Packet
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Breaded Onion Rings	Soup of the Day	Soup of the Day	Chilled Pears	Tropical Fruit Mix	Ice Cream	Country Vegetable Soup
Chilled Pears	Crackers	Crackers	Choice of Milk 4	Choice of Milk 4	Choice of Milk 4	Crackers
Choice of Milk 4	Chicken Salad Sandwich	Ham and Cheese	Chili Dog w/Cheese/Onion	Buttered Mashed Potatoes	Fish Patty	Choice of Milk 4
Beverage of Choice	Lettuce, Tomato, Onion	Sandwich Coleslaw	Potato Wedges	Chicken Tenders	French Cut Green Beans	
Sausage Pizza	Sweet Potato Wedges	Cake of the Day		Buttered Corn	Spaghetti and Meat Sauce	Tuna Salad Croissant
	Fruit Cobbler	Choice of Milk 4		Dinner Roll	Assorted Bread	Lettuce, Tomato & Pickle
	Choice of Milk 4	Beverage of Choice			Assorted Diead	Chips

Beverage of Choice

Mayfield Care Center

Week at a glance

Wednesday, 11/10/2021

Sunday, 11/07/2021

Breakfast

Choice of Juice

Cold Cereal or Hot Cereal

"French Toast Casserole

Sausage Patty

Syrup Packet

Choice of Milk

Coffee/Hot Tea/Hot Cocoa

Lunch

BBQ Pulled Pork

Sandwich

Colesiaw

Choice of Milk 4

Monday, 11/08/2021

Breakfast

Choice of Juice Hot Cereal or Cold Cereal

Scrambled Eggs with Ham Bits Toast

Coffee/Hot Tea/Hot Cocoa

Choice of Milk

Breakfast

Tuesday, 11/09/2021

Choice of Juice

Coffee/Hot Tea/Hot Cocoa

Choice of Milk Hot Cereal or Cold Cereal

Bacon and Cheese Omelet

Fresh Homemade Muffin

Taco Salad

Macaroni & Cheese Side

Dinner Roll

Buttered Mashed Potatoes

Chocolate Chip Cookies

Dinner

Dinner Roll

Choice of Milk 4

Chicken Broccoli and Rice Casserole Fruit

Lunch

"Oven Fried Chicken

Fried Cabbage

Apple Slices

Dinner

Crackers

Cold Turkey & Swiss Sandwich Lettuce & Tomato

Chips

Mixed Fruit

Homestyle Chicken Noodle Soup

Lunch

Rice and Beans

Chopped Lettuce & Tomato Homemade Salsa

Mandarin Oranges

Choice of Milk 4

Dinner

Cake of the Day

Beverage of Choice

Potato Wedges

Chopped Lettuce &

Tomato "Chicken Philly Cheese Steak Sandwich

Breakfast Choice of Juice

Hot Cereal or Cold Cereal

Western Egg Casserole

Toast

Sweet Corn Muffin

Choice of Milk

Coffee/Hot Tea/Hot Cocoa

Lunch

Beverage of Choice

Chicago Style Hot Dog on Baked Beans

Fries

Ice Cream

Dinner

Pears

Smothered and Covered Pork Chop Red Beans and Rice

Corn Bread

Breakfast

Thursday, 11/11/2021

Choice of Juice

Hot Cereal or Cold Cereal Scrambled Eggs with Ham

Toast

Coffee/Hot Tea/Hot Cocoa

Choice of Milk

Lunch

Fresh Ham

Baked Sweet Potato

Dinner Roll

California Blend

Vegetables Alternate Fruit

Dinner

Chicken Alfredo

White/Wheat Bread/Dinner

Roll Garden Fresh Tossed Salad Blonde Brownie

Friday, 11/12/2021

Breakfast

Choice of Juice Hot Cereal or Cold Cereal

Scrambled Eggs and

Cheese Seasoned Home Fries

Toast

Coffee/Hot Tea/Hot Cocoa

Choice of Milk

Lunch

Dinner Roll

Blueberry Pie

Beef and Broccoli Stir Fry

Parslied White Rice

Dinner

Ice Cream

Fried Fish

Mac & Cheese

Cooked Vegetable

Dinner Roll

Lunch

Parmesan Crusted Lemon Chicken Breast Tropical Fruit Mix

Saturday, 11/13/2021

Breakfast

Choice of Juice

Hot Cereal or Cold Cereal

Pancakes

Sausage Patty

Syrup Packet

Coffee/Hot Tea/Hot Cocoa

Choice of Milk

Collard Greens

Combread

Baked Sweet Potato Half

Dinner

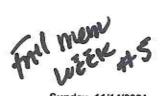
Potato Wedges

Cheeseburger on Bun

Lettuce, Tomato, Onion

Chef's Choice Fruit

Ketchup/Mustard/Mayo/Relish



Mayfield Care Center

Week at a glance

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	Sunday, 11/14/2021	Monday, 11/15/2021	Tuesday, 11/16/2021	Wednesday, 11/17/2021	Thursday, 11/18/2021	Friday, 11/19/2021	Saturday, 11/20/2021
	Breakfast Choice of Juice	Breakfast Choice of Juice	Breakfast Choice of Juice	Breakfast Choice of Juice	Breakfast Choice of Juice	Breakfast	Breakfast
	Cold Cereal or Hot Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Choice of Juice	Choice of Juice
	French Toast	Scrambled Eggs with Ham	Bacon and Cheese Omelet	Waffles	Scrambled Eggs with Ham	Choice of Milk Coffee/Hot Tea/Hot Cocoa	Hot Cereal or Cold Cereal
	Sausage Patty	Bits Toast	Fresh Homemade Muffin	Strawberry Topping	Toast	Hot Cereal or Cold Cereal	Pancakes
	Syrup Packet	Coffee/Hot Tea/Hot Cocoa	Coffee/Hot Tea/Hot Cocoa	Sausage Patty	Jelly / Margarine	Scrambled Eggs and	Sausage Patty
	Coffee/Hot Tea/Hot Cocoa	Choice of Milk	Choice of Milk	Syrup Packet	Choice of Milk	Cheese	Syrup Packet
	Choice of Milk			Choice of Milk	Coffee/Hot Tea/Hot Cocoa	Seasoned Home Fries	Choice of Milk
				Coffee/Hot Tea/Hot Cocoa	30000	Toast	Coffee/Hot Tea/Hot Cocoa
	Lunch	1	3.63				
	Dinner Roll	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
		Seasoned Italian Green Beans	Rosy Applesauce	Italian Blend Vegetables	Beef Pepper Steak	Dinner Roll	Chicken Patty on Bun
	Banana Turkey Baset	Fruit Cocktail	Cheeseburger on Bun	Garlic Bread	Buttered Rice	Brownie	Tater Tots
	Turkey Roast	Smothered Baked Chicken	Potato Wedges	Baked Turkey Ziti	Side Salad	Loaded Baked Potato	Glazed Green Beans
	Mashed Potatoes with Gravy	Mashed Potatoes with Gravy	Lettuce, Tomato, Onion	Jello	Dinner Roll	Butter and Sour cream	Cake of the Day
	Green Beans	Assorted Breads	Mayo		Red Velvet Cake	Chopped Onions	Choice of Milk 4
			Ketchup/Mustard/Mayo/Relis	h		Chopped Lettuce & Tomato Breast of Chicken Chunks	Beverage of Choice
	D:					Creamy Chicken Noodle Soup	
	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
	Buttered Corn on the Cob	Personal Pizza	Apple Pie	Sliced Carrots	Soup of the Day	Choice of Milk 4	Crackers
	BBQ Chicken Sandwich	Cake of the Day	Baked Pork Chop	Fruit Cocktail	Crackers	Beverage of Choice	Chopped Lettuce &
	Baked Beans	French Fries with Ketchup	Buttered Mashed Potatoes	Salisbury Steak with Mushroom Gravy	Diced Pears	Fish & Chips	Tomato Mixed Fruit
	Chocolate Chip Cookie	Fresh Vegetable Pasta Salad	California Blend Vegetables	Buttered Mashed Potatoes	Lunch Meat Sub with	Creamy Coleslaw	Creamy Chicken
		on nee	Dinner Roll	White/Wheat Bread/Dinner Roll	Lettuce & Tomato Chips	French Fries with Ketchup	Vegetable Soup Tuna Salad Wrap
							Chips